

# FIND A PROVIDER

## Medical Plans

The CalPERS **Health Plan Search by ZIP Code** tool can show you all the medical plans a provider is participating in. This is a good tool if you are interested in moving between medical plans without having to change providers. The search is based on the zip code you enter which can be your home address or your work address. You may also go to the specific insurance carrier to find a provider. Instructions are listed on this page for the HMO plans and the next page for the PPO plans.

### All CalPERS Plans (no account required) – [www.calpers.ca.gov](http://www.calpers.ca.gov)

- Choose Active Members > Health Benefit > Plans & Rates
- On right-hand side, click on "Health Plan Search by ZIP Code" and choose "Public Agency/School"
- Click on "Yes" to include your doctor
- Enter your doctor's name
- If found, click on the button of your doctor and continue
- The next page will list all the HMO and PPO plans that your doctor participates in



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### Health Maintenance Organizations (HMOs)

#### Anthem Blue Cross – [www.anthem.com/ca/calpers](http://www.anthem.com/ca/calpers)

- On the upper left side of the page click on "Menu"
- On the center of the page click on "Find Care"
- Scroll down and click the link for the plan you would like (**Traditional HMO or PERS Select HMO**)
- Once at the next screen, you can then search based on doctor/facility type and location

#### Blue Shield of CA – [www.blueshieldca.com/calpers](http://www.blueshieldca.com/calpers)

- On the upper middle of the page click on "Find a provider" and choose "**Non-Medicare**"
- On the left of the page click on "**Access+ HMO Plan**"
- Once at the next screen you can then search based on doctor/facility type and location

#### Kaiser Permanente – [www.kp.org/calpers](http://www.kp.org/calpers)

- Select "I'm considering joining Kaiser Permanente" or "I'm currently a Kaiser Permanente Member"
- On the lower right-hand side of the next page click on "Doctors & Locations"
- On the next screen select an area from the list of regions
- You can then search based on doctor name/type and location

#### UnitedHealthcare – [www.whyuhc.com/calpers](http://www.whyuhc.com/calpers)

- On the upper left side of the page click on "Search for a Provider"
- Click the box of the network you are interested in "Alliance" or "Harmony"
- Click "Continue" until you get to the next search page
- Change your location to match your zip code
- You can then search based on doctor/facility type

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### Preferred Provider Organizations (PPOs)

#### **Anthem Blue Cross – PERS Gold, PERS Platinum** – [www.anthem.com/ca/calpers](http://www.anthem.com/ca/calpers)

- On the upper left side of the page click on "Menu"
- On the center of the page click on "Find Care"
- Scroll down and click on the link for **PERS Gold** or **PERS Platinum**
- Once at the next screen, select a provider type and specialty from the drop-down lists and click on next
- You can then search based on location

#### **Anthem Blue Cross – PORAC** – [www.porac.org](http://www.porac.org)

- On the home page click on "Insurance & Benefits Trust"
- On the next page scroll down and click on "Health Plans"
- Scroll to the bottom of the next page and click on "Find a Physician"
- Under the "Search as a Guest" section, select medical from the "What type of care you are searching for" drop down list and then search by "What state do you want to search with?"
- Next, select "Medical (Employer-Sponsored)" from the drop-down list of type of plan, and then select "**Blue Cross PPO (Prudent Buyer) – Large Group**" from the drop-down list of plan/network and click continue.
- You can then search based on location and physician type