

# CLAREMONT EAP



## **Assistance is Our Middle Name**

Your *Employee Assistance* Program is Claremont EAP. That means you and your family in the immediate household can receive free and confidential support for issues such as:

- ❑ **Counseling**
- ❑ **Legal consultations**
- ❑ **Financial guidance**
- ❑ **Child care referrals**
- ❑ **Elder care resources**
- ❑ **Pet care referrals**
- ❑ **Wellness resources**

Accessing Claremont is easy - no forms, no co-pays, no deductibles. Just one toll free number – why *not* call?

**For free and confidential assistance,  
call Claremont EAP at:**

**800-834-3773**

**[www.claremonteap.com](http://www.claremonteap.com)**